# Alta Via 1-10 in the Dolomite's

**Alta Via 1** - 150 km, 12 Days:· This is the classic and easiest route and runs from Lago di Braies, BZ down to Belluno, BL, cutting across the heart of the Veneto Regions Dolomiti Mountains north to south.·

**Alta Via 2** - 185 km, 14 Days: Also one of the older classic routes the Alta Via 2 is a bit longer and more difficult then the Alta Via 1.· Starting in Bressanone, BZ and running south to Feltre, BL the route is almost all within the Trentino-Alto Adige region.· The route passes over the Putia, Odie, Puez, Sella, Marmolada, Pale di San Martino, and Feltrine mountain groups of the Dolomiti.·

**Alta Via 3** - 120 km, 10 Days:· Also known as Alta Via dei Camosci this route starts in Dobbiaco, BZ and ends in Longarone, BL.· The route passes through the Dolomiti di Braies, Cristallo, Sorapiss, Marmarole, Pelmo and Bosconero mountain groups.· The route is one of the more difficult.

**Alta Via 4** - 90 km, 8 Days:· Alta Via di Grohman starts in San Cadido, BZ and ends in Pieve di Cadore, BL in the Veneto.· The route passes through the mountain groups of Tre Cime di Lavaredo, Cadidni di Misurina, Sorapiss, Marmarole, and the l'Anelao.· The route is challenging and has some fixed lines on some sections.

**Alta Via 5** - 100 km, 9 Days:· Alta Via di Tiziano connects Sesto, BZ with Pieve di Cadore BL and crosses the Sesto, Marmarole, Sorapiss and l'Antelao Dolomiti mountain groups

**Alta Via 6** - 190 km, 14 Days: Also called the Alta Via dei Silenzi this route starts in Sappada, BL and ends in Vittorio Veneto, TV and traveres the d'Oltre Piave Dolomiti and the Carniche of the Prealpi.· The mountains are not as rugged as other routes but there are long sections that are isolated and not very frequented.

**Alta Via 7** - 35 + 75 km, 9 Days:· This route is divided into two sections that traverse the Col Nudo and Calallo Mountains of the Prealpi and sections of the Oltre Piave Dolomiti and then over to the Col Visentin Mountains down to the Veneto Plain.· The first section is very remote.

**Alta Via 8** - 63 km, 4 Day:· This route was developed to showcase the western Dolomiti and starts in·Bessanone, BZ and ending in Salorno, TO.· This is a easy route that passes through the Putia, Odle, Sciliar, Catinaccio, Latemar and hills in the d'Ega valley.

**Alta Via 9** - 90 km, 12 Days:· This is the only alta via that runs west to east, rather than north to south.· The route starts in Bolzano, BZ and ends in Santo Stefano di Cadore, BL crossing the Sciliar, Catinaccio, Sella, Fanis, Tofane, Cristallo and Sesto Dolomiti.

**Alta Via 10** - 115 km, 16 Days:· This is the only alta via on the western side of the Adige valley and runs from Bolzano, BZ to Gardone Riviera, BG, on Lake Garda.· The route passes through the Mandola, Mountains, The Brenta Dolomiti, and the Cadria and Caploner mountains.· This route included the ferrata della Bocchette of the Brenta Dolomiti but these routes can be by passed.

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| **Trail#** | **Name** | **Starting Point** | **End Point** | **Length** | **Duration** |
| AV 1 | Via Classico | Lago di Braies | Belluno | 150km | 13 days |
| AV 2 | Via delle Legende | Brixen / Bressanone | Feltre | 185km | 15 days |
| AV 3 | Via dei Camosci | Toblach / Dobbiaco | Longarone | 120km | 10 days |
| AV 4 | Via Grohmann | Innichen / San Candido | Pieve di Cadore | 90km | 8 days |
| AV 5 | Via di Tiziano | Sexten / Sesto | Pieve di Cadore | 100km | 10 days |
| AV 6 | Via dei Silenzi | Sappada | Vittorio Veneto | 190km | 14 days |
| AV 7 | Via di Lothar Pateras | Pieve d’Alpago | Segusino | 110km | 11 days |
| AV 8 | Via Panoramica | Brixen / Bressanone | Salurn / Salorno | 63km | 4 days |
| AV 9 | Via Transversale | Bozen / Bolzano | Santo Stefano di Cadore | 180km | 14 days |
| AV 10 | Judikarienhöhenweg | Bozen / Bolzano | Lago di Garda | 200km | 18 days |

